



THE RITZ-CARLTON SPA<sup>SM</sup>  
NAPLES

*The Ritz-Carlton Spa, Naples is an elegant oasis where guests are surrounded  
and pampered by natural wonders from the garden and the sea.  
Gentle Gulf breezes dance among the cypress, mangrove and palm trees;  
delicate sand dollars reflect the bounty of the ocean;  
pelicans, egrets and sea turtles enhance the landscape with beauty and grace.*

*Inside The Spa's welcoming environs, the only pressure felt is from a luxurious massage.  
The senses are indulged with botanical herbs, rich minerals and essential oils  
that come together to create an enticing selection of massages,  
facials, body treatments and salon services.  
The rejuvenating and healing waters of the steam rooms, saunas, aqua lounges,  
and outdoor mineral pool completes the Spa experience.*

*The Ritz-Carlton Spa, Naples.*

*Immerse. Invigorate. Indulge.*

*The Ritz-Carlton, Naples  
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Spa (239) 514- 6100  
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[www.ritzcarlton.com/naples](http://www.ritzcarlton.com/naples)  
License number # MM2932*

## ***Scents of Place***

### ***Naples Treasured Sunset***

*Swaying palm trees, soft sounds of surf, pristine sands and treasured sunsets are all signatures of Naples. Experience our Naples Signature treatments:*

- \*The Ritz-Carlton, Signature Massage*
- \*The Ritz-Carlton, Signature Facial*
- \*The Ritz-Carlton, Signature Manicure and Pedicure*

**Four Hours      \$400**

### ***Naples Garden to the Sea***

*This package represents botanical elements from the garden and nutrient-rich minerals from the sea.*

- \*Mimosa Sunrise*
- \*Gulf Stone Massage*
- \*Transformation Facial*

**Three hours      \$435**

### ***Naples Eco Savvy***

- \* Eco Green Your Body*
- \* Eco Savvy Facial*
- \*Eco Pedicure*

**Three hours      \$370**

### ***Pure Balancing***

*An indulgent experience using any three a la carte therapies selected from the menu. Reserve all three for the same day, between 9am-2pm only, and receive an extra 20% savings.*

**Minimum Three hours**

**Price varies with individual selections and cannot be used with any or packages or promotions.**

## ***Escape***

### ***Sea Holistic***

*After algae oil and salt gently polish the skin, steamed and fragrant linen bundles filled with marine salt crystals and medicinal herbs such as lavender, eucalyptus and lemon grass deliver deep warmth and healing throughout the massage. Specific movements taken from Thai massage techniques are combined with trigger points and stretching to unwind areas of tension and restore balance to the body.*

**80 minutes      \$225**

### ***Green Your Body Eco***

*The ultimate in skin renewal, Green Your Body includes skin brushing, skin polishing with salt and sugar scrubs, a scalp mud experience and deeply relaxing body wrap, followed by an application of warmed infusions.*

**90 minutes      \$175**

### ***Nature's Elements***

*The five elements of wood, fire, earth, metal, and water interact energetically and determine your level of energy. Using Aromatherapy essential oils specific to your "Individual Element reading" a variety of customized massage techniques, body brushing, face masks, and a therapeutic bath restore your balance and improve energy levels.*

**80 minutes      \$225**

**80 minutes Together \$450**

### ***Drift to Sleep***

*This specialized journey is designed to help you release and respond to a ritual to promote sleep at a deep state of sub-consciousness. Begin your ritual with a lavender body scrub, an aromatic milk bath and a peaceful body massage. Your sleep therapists will then encourage a 30-minute power nap to complete the experience.*

**2 hours      \$275**

## **Radiance**

### **The Ritz-Carlton Naples, Signature Facial**

*An eco-friendly organic facial designed to fulfill the needs of all skin types.*

**50 minutes      \$150**

**75 minutes      \$215**

### **Age Interrupted Facial**

*This treatment stimulates collagen production in the skin to strengthen and improve elasticity. It is designed to deliver results that show reduction of fine lines, wrinkles, laxity, mottled texture, and age spots for dramatically healthier, stronger, and visibly radiant skin.*

**50 minutes      \$165**

**75 minutes      \$225**

### **Transformation Facial**

*By combining warming rituals with a selection of pharmaceutical, botanical, and organic offerings at the highest active concentrations and lowest pH, this transformative treatment makes visible changes in the health and beauty of the skin.*

**25 Minute (Peel Only)      \$65 – can be added to any facial**

**50 Minutes      \$165**

**75 Minutes      \$225**

### **Non-Surgical Face Lift**

*Using micro-current therapy, this treatment is designed to lift and re-educate facial muscles. Enjoy visible results after only one treatment.*

**50 minutes      \$175**

### **Ultra Age-Defying Facial**

*Utilizing the world-leading micro-current machine, this treatment instantly tones, lifts, firms and re-educates sagging muscles. The years melt away as you relax.*

**90 minutes      \$375**

### **The Ritz-Carlton Naples, Gentlemen's Facial**

*A lulling, lavender hot towel facial in combination with the healing properties of stonecrop and a phyto-drainage massage to remove toxins and induce tranquility.*

**50 minutes      \$150**

**75 minutes      \$215**

**Enhancements -May not be purchased alone.**

*Choose from a **Luxurious Eye Treatment, Shea Butter Hair Mask, or Collagen Mask Infusion** enhancement to any facial for an additional \$25.*

### **Gel Peel, Enzyme Peel or Pigment Balancing Masque**

*A light glycolic or enzyme peel assists in gently exfoliating dead surface cells allowing better product penetration leaving the skin revitalized and glowing. Pigment masque assists in lightening & discoloration.*

**Added to any facial      \$45**

### **Vibraderm**

*A non-invasive skin care device gently exfoliates tired, dead cells while stimulating the production of collagen.*

**25 Minute Facial      \$85**

**Added to a facial      \$45**

### **Anastasia Eyebrow Technique**

*This unique brow technique, developed by celebrity brow guru Anastasia Soare, involves studying the individual face and its underlying bone structure, and then carefully shaping the brows to bring your unique beauty alive.*

**25 minutes      \$45**

## **Touch**

### **The Ritz-Carlton Naples, Signature Massage**

*A traditional Swedish massage ranging from light to medium pressure, combined with your choice of aromatherapy oils, creates a wonderfully customized relaxation experience.*

**25 minutes**      **\$85** (*tension relief of target areas only*) enhance with Restorative Stones on back for an added **\$25**  
**50 minutes**      **\$150**  
**80 minutes**      **\$215**

### **Restorative Aromatherapy**

*This profoundly relaxing therapy works on the back of the body and focuses primarily on the spine in 15 aromatherapy steps using 15 essential oils. Treatment includes skin brushing and massage to the head, scalp, neck, shoulders, back, hands and feet.*

**50 minutes**      **\$165**  
**80 minutes**      **\$225**

### **Gulf Stone Massage**

*Based on Native American traditions, warm mineral-rich, basalt stones are used to give your body earth energy. The heat is an incredible therapy to melt away stress, especially suited for arthritic aches and pains or over-worked muscles and minds.*

**50 minutes**      **\$165**  
**80 minutes**      **\$225**

### **Vital "Time Out" Escape**

*This treatment is ideal for the busy professional who wants to revive a tired complexion and relieve daily stress. Combines a mini facial with a full body massage to remove toxins and induce tranquility.*

**80 minutes**      **\$225**

## **Specialty**

### **Deep Tissue, Reflexology, Thai Yoga, Lomi Lomi, Four Hands, Reiki, Watsu, & Intuitive Massage**

*Therapists at the Ritz-Carlton Spa are certified in a variety of specialty massage techniques and aquatic bodywork. Please inquire with our spa agents for details on these spa-savvy treatments.*

**50 Minutes**      **\$165**  
**80 Minutes**      **\$225**  
**80 Minute Four Hands Lomi Lomi** **\$390**

### **The Ritz- Carlton Naples, Bath Butler**

*Allow our Bath Butler to assist you in selecting a customized bath ritual to help restore and maintain your well being naturally. A matching tea will be served to enhance health benefits.*

*Available baths include: • Sleep well • Muscle Soother • Detoxify • Harmonize • Stress Less*

**20 Minutes**      **\$65** \*Highly recommended in combination with a Body Massage or Body Cocoon

**Enhancements** – *must be purchased with a treatment.*

*Customized scalp treatments, hand and foot scrubs restore vitality.*

**\$25**

**In Room Massage** - *The Ritz-Carlton Naples, Signature Massage or Muscle Ease Massage may be enjoyed in the privacy of a guest room. Requests are available for 50 or 80 minutes with a 24-hour advance notice.*

**Additional \$100**

## ***Together***

### ***The Ritz-Carlton Naples, Signature Together Massage***

*This moment of massage & serenity shared with a loved one or friend.*

**50 minutes      \$330**

**80 minutes      \$450**

*\*Gulf Stone may be incorporated in the Together Massage. Please inform the reservationist to accommodate your request with the appropriate therapist.*

### ***The Sea of Love***

*An experience celebrated with a loved one. A calming facial, a soothing hand and foot massage and a blissful body massage, leaving you refreshed and renewed, ready to continue your journey together.*

**80 minutes      \$450**

## ***Maternity***

*Mama Mio Mama's Touch™ is a program of skin salvation; safe and indulgent spa treatments. These journeys may only be enjoyed in the second or third trimester.*

### ***Mellow Mama™***

*Uses specific pre-natal techniques to increase circulation, alleviate tired muscles and reduce water tension.*

**75 minutes      \$185**

### ***The Yummy Tummy™***

*A concentrated serum and deep treatment mask is applied to soothe and moisturize the abdomen. Enjoy a relaxing lower leg and foot massage as the intensive Tummy Stretch-Ease serum and mask take effect.*

**75 minutes      \$215**

### ***The Smoothie™***

*Mama Mio Smoothie exfoliates your skin oh so gently followed by the most moisturizing massage to hydrate and elasticize your skin. A luxurious scalp massage will sweep away your stress.*

**75 minutes      \$215**

### ***Lighten Up™***

*A warm, fragrant mineral rich Mama Mio Foot Soak, lower leg and hand massage reduces swelling and stimulates circulation.*

**25 minutes      \$75**

## ***Wellness***

### ***The Ritz-Carlton Naples, Signature Body Wrap***

*The perfect detoxifying and firming treatment using inspired Espresso Limón Slimming Body Oil. This captivating, rich coffee oil is infused with hints of Italian Lemon and Madagascar Cinnamon to purify and tone the body. An indulgent massage with signature enzyme body mist and lotion completes the body beautifying experience.*

**80 Minutes      \$195**

### ***Ionithermie***

*This slimming treatment combines galvanic and faradic ionization, micronized algae, and conductive clay to detoxify, slim, re-mineralize, firm and tone while significantly improving lymphatic drainage.*

**75 minutes      \$195**

**Series of six      \$875**

## **Sunshine**

### **Mimosa Sunrise**

*This body exfoliation was developed to restore the skin's natural freshness and vital moisture levels. You will be wrapped in a Hydrating Mineral Mask infused with orange blossom oil to tighten and tone.*

**50 minutes \$155**

### **Liquid Sun Spray Tan**

*This tanning experience preceded by a thorough exfoliation provides a deep, honey-dipped glow with potent age fighting, skin firming and cell rejuvenation properties.*

**50 minutes \$135 (includes exfoliation)**

**25 minute \$60 (spray tan only)**

## **Refinement Hands and Feet**

### **The Ritz-Carlton Naples, Signature Manicure or Pedicure**

*These lavish treatments use a natural approach to help you achieve healthy nails and beautiful hands or feet while leaving the skin smooth and soft. Treatment includes exfoliation, a deep therapy mask and a nourishing moisturizer.*

**Manicure 50 minutes \$65**

**Pedicure 50 minutes \$85**

**Therapeutic Pedicure 50 minutes \$85**

### **Diamond Manicure or Pedicure**

*Anti-aging properties help lighten blemishes and the nourishing properties of olive oil extract replenish moisture loss. The treatment includes gentle exfoliation and a relaxing reflex-point massage. Hands or feet are enveloped in warm paraffin wax to deeply nourish and condition the skin, leaving it invigorated.*

**Manicure 50 minutes \$75**

**Pedicure 50 minutes \$95**

### **His Hands Manicure and His Feet Pedicure**

*Dry skin will be exfoliated and nails will then be trimmed, filed and buffed.*

**Manicure 25 minutes \$35**

**Therapeutic Pedicure 50 minutes \$50**

### **Ionic Cleanse Foot Bath**

*The ionic technique of cleansing through the feet provides the body with a full-body detoxification of all vital organs. Your body will feel lighter, you will be able to think more clearly, have more energy and a greater sense of well being.*

**30 minutes \$50** \*Recommended in combination with a pedicure

### **Hand, Foot & Nail Enhancements**

*Enhancements may be added to any Manicure or Pedicure*

*French Polish \$10*

*Polish Change (Hands or Feet) \$20*

## ***Creativity***

### ***Salon Designs***

*The genuine care and comfort of each guest is our highest mission at The Salon at The Ritz-Carlton, Naples,*

<i>Enhancing Moisture Mask</i>	<i>\$50</i>	<i>30 minutes</i>
<i>Shine Infusion</i>	<i>\$50</i>	<i>30 minutes</i>
<i>Ladies Haircut &amp; Blow Dry</i>	<i>\$120</i>	<i>75 minutes</i>
<i>Shampoo and Style (Chin length or shorter)</i>	<i>\$45</i>	<i>45 minutes</i>
<i>Shampoo, Style &amp; Irons (Long Length)</i>	<i>\$70</i>	<i>60 minutes</i>
<i>Partial Highlights &amp; Blow Dry</i>	<i>\$210</i>	<i>120 minutes</i>
<i>Full Highlights &amp; Blow Dry</i>	<i>\$280</i>	<i>120 minutes</i>
<i>Color &amp; Blow Dry</i>	<i>\$155</i>	<i>120 minutes</i>
<i>Corrective Color</i>	<i>\$200</i>	<i>per hour</i>
<i>Hair Up Style</i>	<i>\$90</i>	<i>60 minutes</i>
<i>Gentleman's Haircut</i>	<i>\$50</i>	<i>30 minutes</i>
<i>Gentleman's Color</i>	<i>\$75</i>	<i>45 minutes</i>
<i>Teens Hair Cut &amp; Blow Dry (13 to 19)</i>	<i>\$75</i>	<i>75 minutes</i>
<i>Childs Haircut – Male (6 to 12 years old)</i>	<i>\$35</i>	<i>30 minutes</i>
<i>Childs Haircut – Female (6 to 12 years old)</i>	<i>\$60</i>	<i>45 minutes</i>
<i>Wedding Hair Style Consultation</i>	<i>\$95</i>	<i>90 minutes</i>
<i>Day of Wedding Hair Style</i>	<i>\$95</i>	<i>60 minutes</i>
<i>Flower Girl Hair Style</i>	<i>\$65</i>	<i>60 minutes</i>

### ***Make-up Application***

*Trained makeup artists provide makeup artistry for special occasions or an entirely new look for every day.*

<i>Airbrush Make-up Application</i>	<i>\$120</i>	<i>60 minutes</i>
<i>Makeup Application</i>	<i>\$95</i>	<i>60 minutes</i>
<i>Eyelash Application</i>	<i>\$50</i>	<i>20 minutes</i>

*\*In-Room hair and make-up services are available for an additional \$100 per technician.*

## ***Y-Salon***

***Ice Cream Manicure*** - Designed for the young pampered between the ages of 6 and 12, a blend of aromatherapy fizzing, miniature, hand-bath balls to tickle the hands and fingers, and includes a light exfoliation, nail shaping, buffing and polish. Complimentary ice cream certificate is included.

***25 minutes***      ***\$25*** (Parent must be present for the full treatment.)

***Ice Cream Pedicure*** - Designed for the young pampered between the ages of 6 and 12, this pedicure includes a special selection of aromatherapy fizzing, miniature foot-bath balls to moisturize and indulge the feet, as well as a light exfoliation, nail shaping, buffing and polish. Complimentary ice cream certificate is included.

***25 minutes***      ***\$40*** (Parent must be present for the full treatment.)

## Spa Guidelines

Guests of The Ritz-Carlton Spa, Naples must be 18 years of age or older to enjoy Spa services. Salon services are available to younger guests when accompanied by a parent or legal guardian.

Spa facilities, including locker rooms, aqua lounges, the mineral pool and relaxation areas, are available to resort guests for a \$35 daily fee. This fee is waived with the purchase of a treatment.

Spa reservations agents will reserve treatment times and assist with selecting treatments. Please notify the Spa reservations agent if you have high blood pressure, allergies, physical ailments, disabilities or are pregnant. While a few services should be avoided during pregnancy, there are treatments that can be enjoyed. If you prefer a male or female therapist, please make your gender request when scheduling your treatment.

For your enhanced comfort and relaxation, we suggest you arrive 30 minutes before your scheduled treatment to allow time to relax in the lounges, saunas, steam rooms and whirlpools. Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so the next guest is not delayed. The full value of your treatment will be charged.

The Ritz-Carlton Spa, Naples aqua lounges allow guests to delight in life at its very source and discover the key role water plays in the therapeutic experience. Hot and cold plunge pools, steam room, whirlpools, saunas and the area's only outdoor mineral pool overlooking the Gulf of Mexico offer refreshing water treatments. Rituals should be alternated with cooling showers to encourage circulation and accelerate natural cleansing. A restful period of 15 minutes allows the body to normalize prior to Spa services.

Each spa service can be enhanced by a routine that includes:

\*A revitalizing shower \*A detoxifying session in the herbal steam room \* Hot and cold water plunges  
\*A soothing whirlpool \* A mineral bath soak.

Shaving is recommended but not necessary for men prior to a facial. If you choose to shave prior to your facial, be sure to do so at least two hours prior to your appointment. Shaving is not recommended prior to body treatments or hair removal services.

Most body treatments are enjoyed without clothing, however, disposable undergarments are available on request. During all treatments, the body is fully draped, except for the area being worked on. Robes and slippers are provided in lockers in the ladies' and gentlemen's lounges before and after treatments.

This is your time and you should delight in the experience to the fullest. Your therapist will ask any preferences in the room temperature, the amount of massage pressure or the volume of the music. Please notify your therapist of any discomfort. We request that cell phones and pagers be turned off while in the Spa and the Salon.

If you are a guest of the resort, please leave valuable items in the safe in your guest room. Otherwise, lockers are available for your personal items.

We accept all major credit cards and traveler's checks. You may also charge Spa services to your resort bill. For your convenience, payment is made prior to all services. A **22% service charge** will be added for each Spa service you receive. Gratuities will be dispersed to the Spa staff who served you during your visit. Additional gratuities may be offered at your discretion. Prices and services are subject to change.

### CANCELLATION POLICY

If you must reschedule or cancel your Spa appointment, please notify us **six hours** before your scheduled time to avoid being charged the full service fee. Cancellations of packages, personal training sessions, exercise class or private parties require **24-hour notice**. A credit card number is required at the time you book your treatments.

### HOURS OF OPERATION

Spa and Salon	9am – 7pm
Locker Facilities	6am – 8pm
Fitness Center	6am – 8pm - with Attendant
8:00pm – 6:00am - Entry to Fitness Center with room key, no Attendant on Duty	